



## *FareShare Schools in the Kitchen*

### Post Visit Resources

Firstly, thank you for your contribution to ensuring a vulnerable member of our community has access to nutritious food and for reducing the impact of wasted food on our environment.

Want to do more?

#### Years 9 and 10 students

- There are many ways students like you can educate your school communities and/or wider local community about the issues of food insecurity and food waste. You can also take real action to reduce the waste. Some examples of where to start are described below, but you may think of other ways too!
- What do you waste? Do a class study, or look at the school canteen. Can the students find solutions to reduce or redirect food that is currently thrown away?  
[www.feedmelbourne.org.au](http://www.feedmelbourne.org.au)
- Organise a showing of "Just Eat It" – see [www.foodwastemovie.com](http://www.foodwastemovie.com) for details. Students could use the showing to raise funds for their local food charity (see the Feed Melbourne website for a list of charities in your area.)
- Make your own documentary on the waste that occurs in your homes, school canteen, or a local food business and what can be done about it? Encourage students to focus on solutions.

#### For VCAL/VET students

- Good Samaritan Law: how does it work? (from the perspective of food safety and kitchen/business operation)
- Food rescue challenge – get students to work in teams to create nutritious recipes/meals from the food that they used during their visit to FareShare or from the list of donated food that is found on the FareShare website.